

## **BIOPHYSICAL PROFILE ULTRASOUND**

**Exam Code:** USBPPWSTRE

**Exam Description:** This is a study to look at the movement and activity of a fetus.

**Information Needed:**

- What is the clinical indication for exam?
- Has the patient had a prior pregnancy exam at O.I.C.? if not schedule as a pregnancy complete and a biophysical profile.

**Scheduling Times:**

- 1200-1700

**Patient Preparation:**

- NPO for 4 hours except medications. Diabetic patients should be done first opening in the a.m. They may have some clear juice before exam.

**Patient Requirements:**

- Drink 40 ounces of water 1 hour prior to exam and have completed within 15 minutes of starting. For example, exam time is 2:00 start drinking water at 1:00 and have completed by 1:15. Do not void after drinking. It is very important to have a full bladder for this exam.

**Special Notes:**

- None